

# Hope Inspired Leadership

Using the science of hope to build and lead effective teams



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Hope is not  
about morality



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Hope is a  
social gift  
we give each  
other

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6

# The Power of Hope

## Work

- Lower unplanned absences (4x)
- Higher productivity (1 day/week)
- More open to organizational change
- Reach goals more often and sooner
- More resilient to stress, vicarious trauma and compassion fatigue
- Higher profits and lower employee turnover

## Education

- Higher academic performance
- Best predictor of success in college

## Health

- Increased health
- Higher pain tolerance
- Lower depression
- Longer Lifespan

**Hope is a leading predictor of Happiness and Wellbeing**

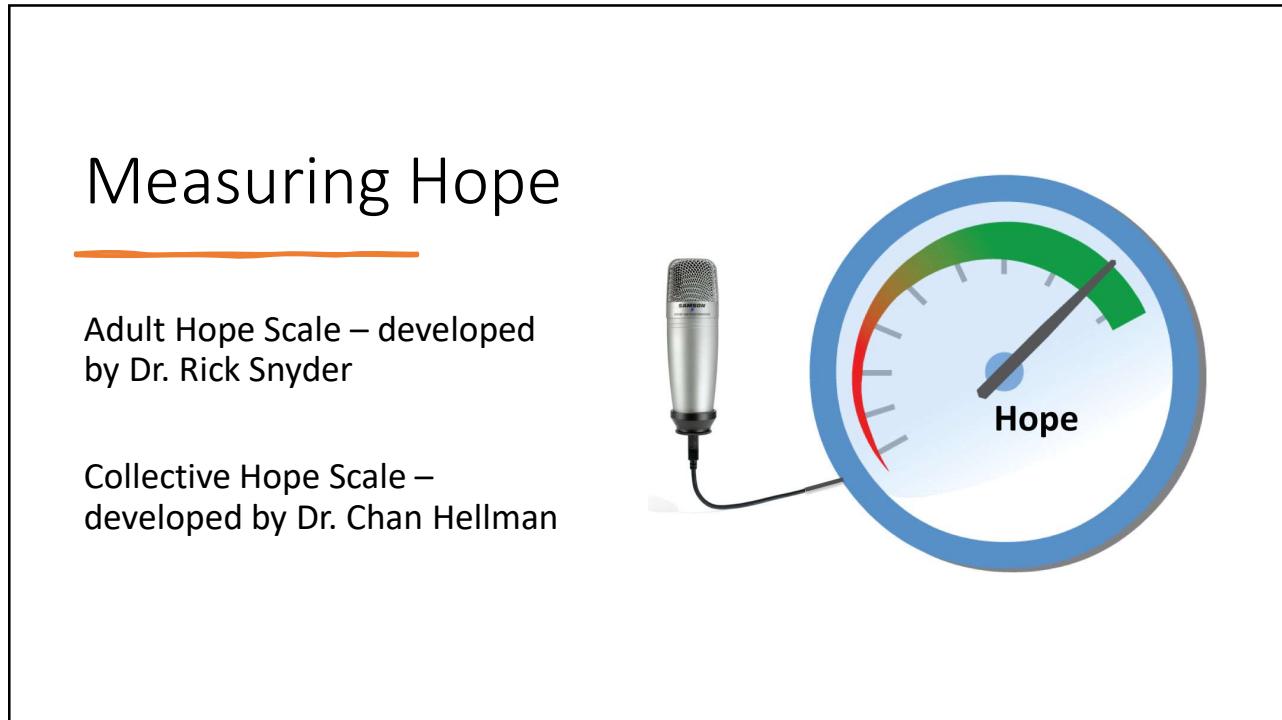
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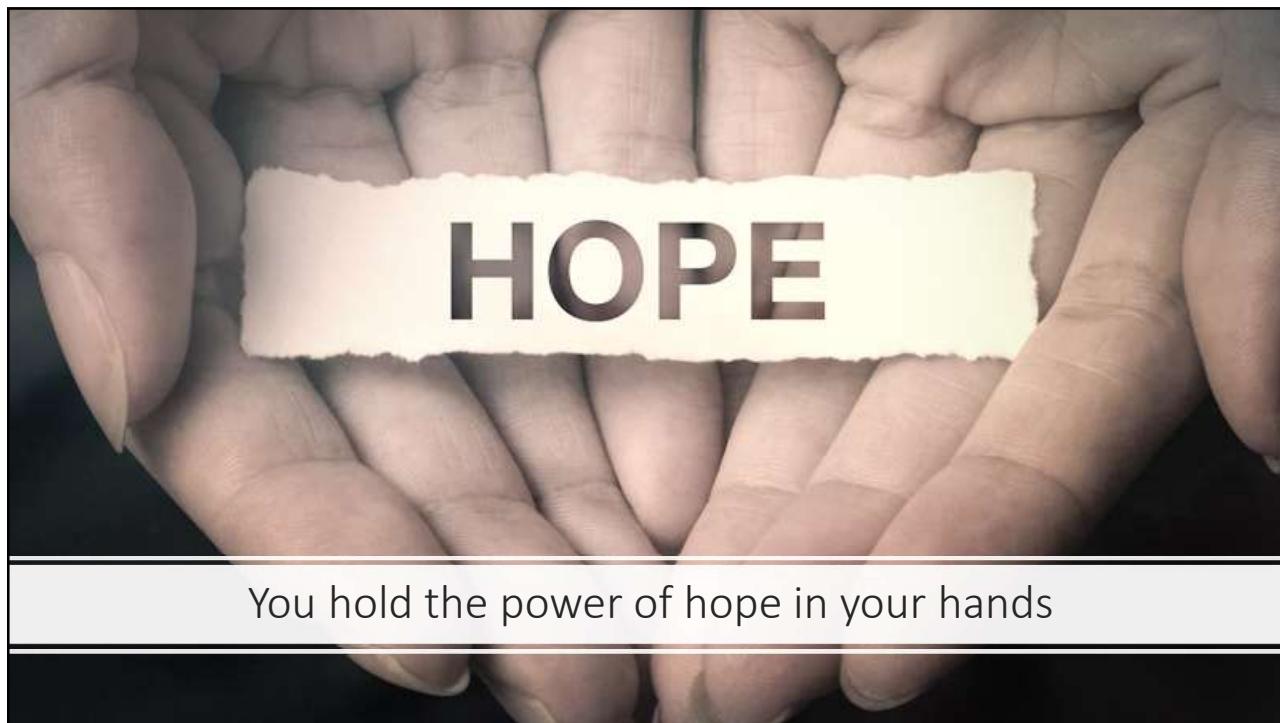


## Markers

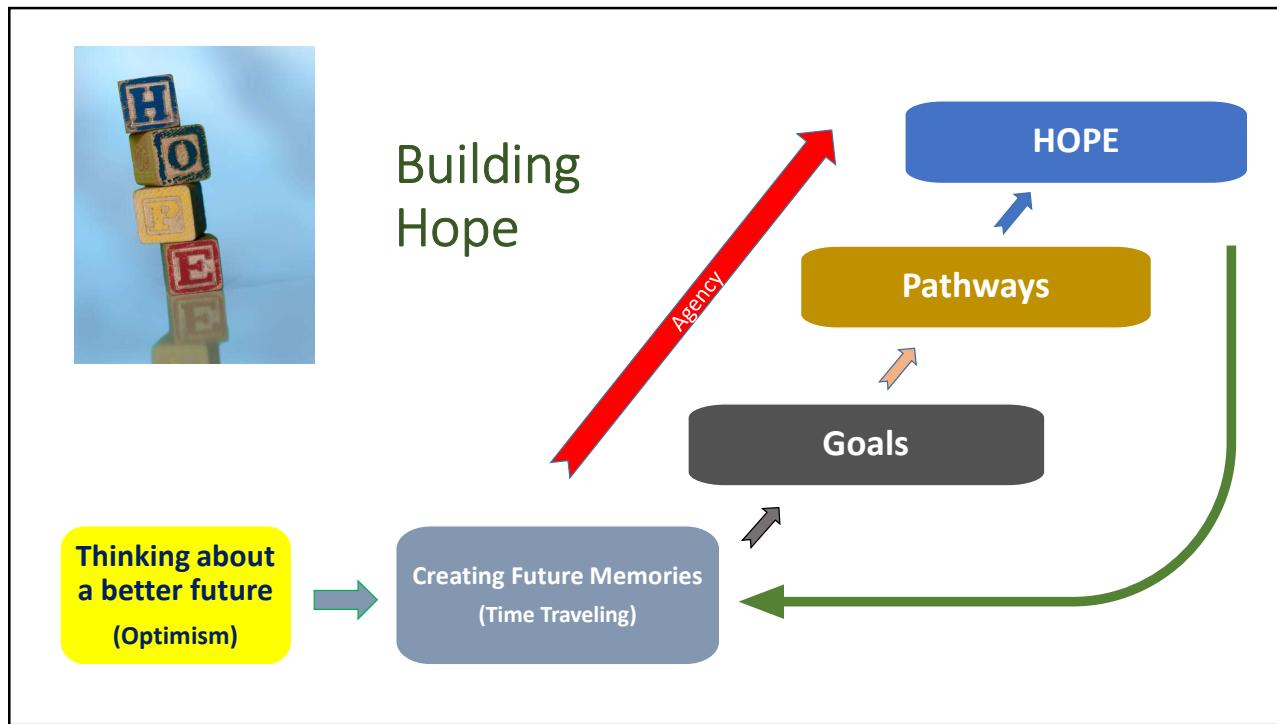
The words we use are clues to our hope

11

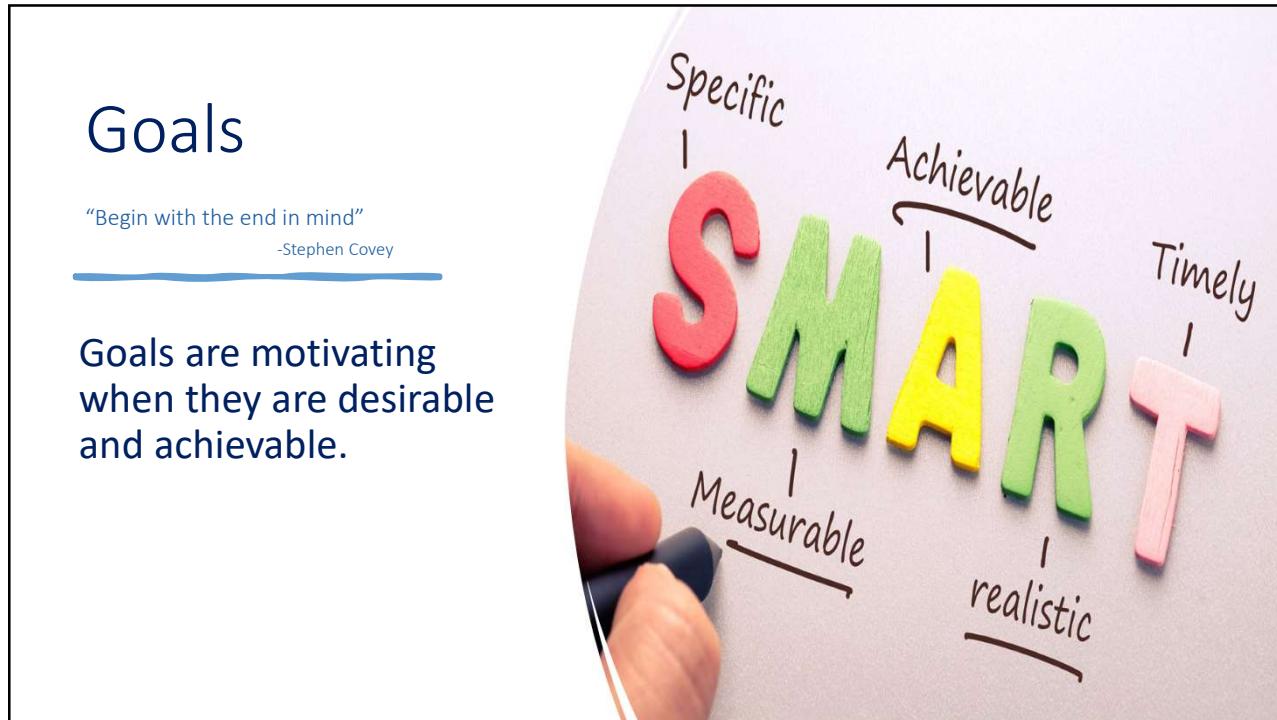
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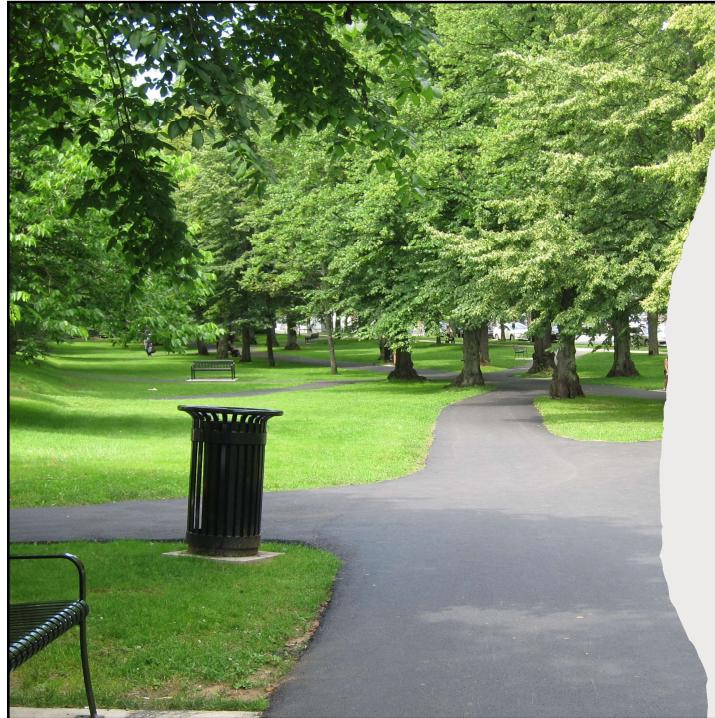
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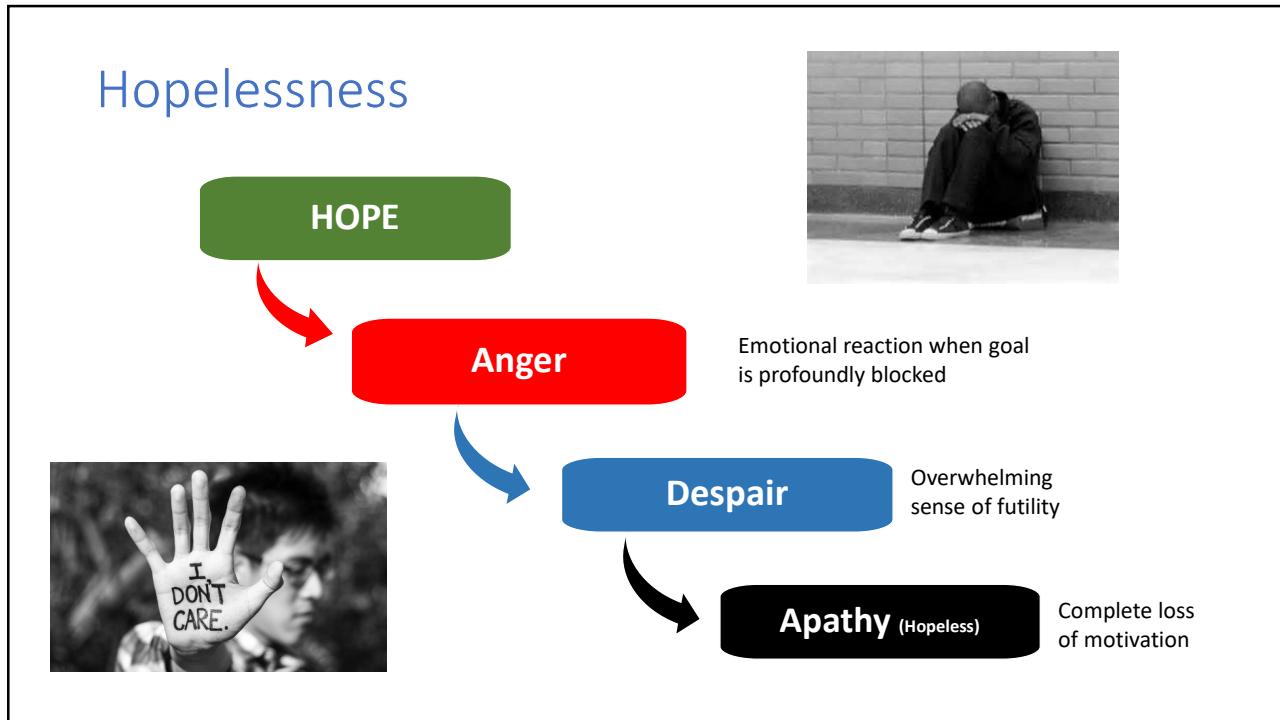
## Pathways

- Determine sub-goals
- Brainstorm pathways/strategies to connect sub-goals
- Identify barriers
- Brainstorm solutions
- Select pathway which provides the highest likelihood of success

15



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# Hope Inspired Leadership



Servant  
Based

Culture  
Focused

Hope  
Centered

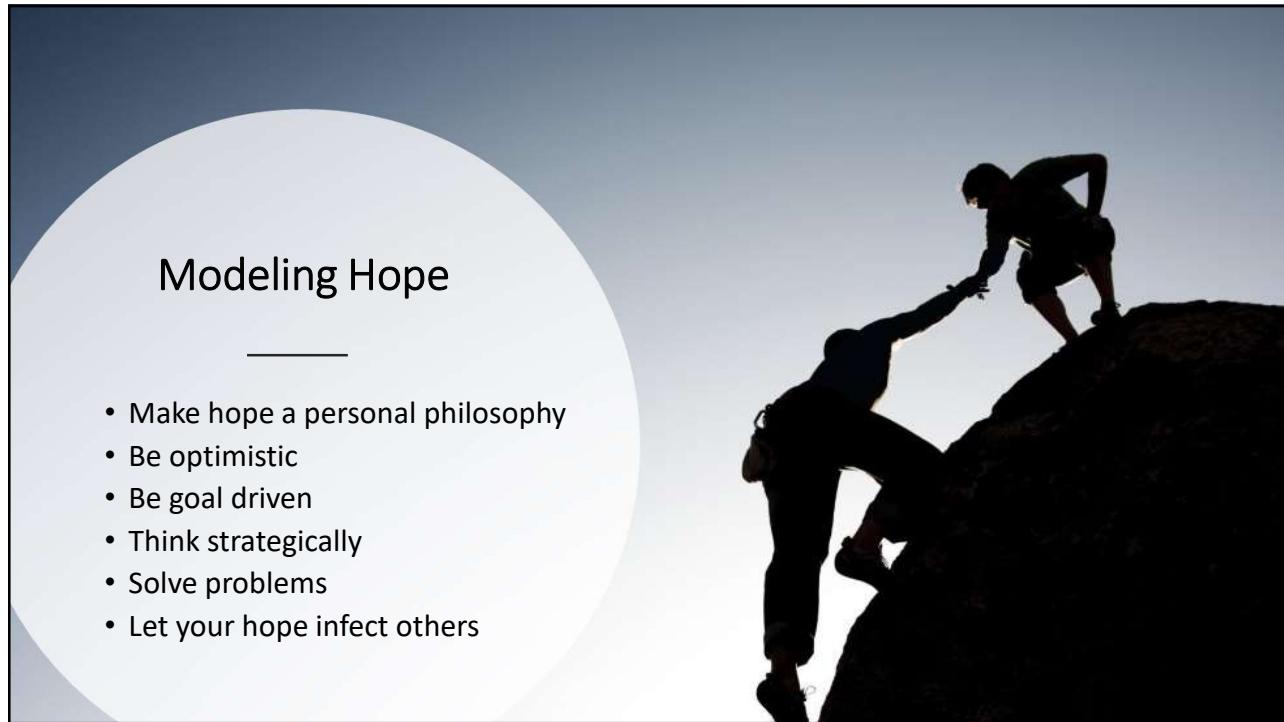
19



## Servant Leadership

- Lead through influence
- Influence through relationships
- Relationships are built on trust
- Trust is built with authenticity
- Listen & Support
- Give trust and empower
- Be courageous
- Celebrate achievements

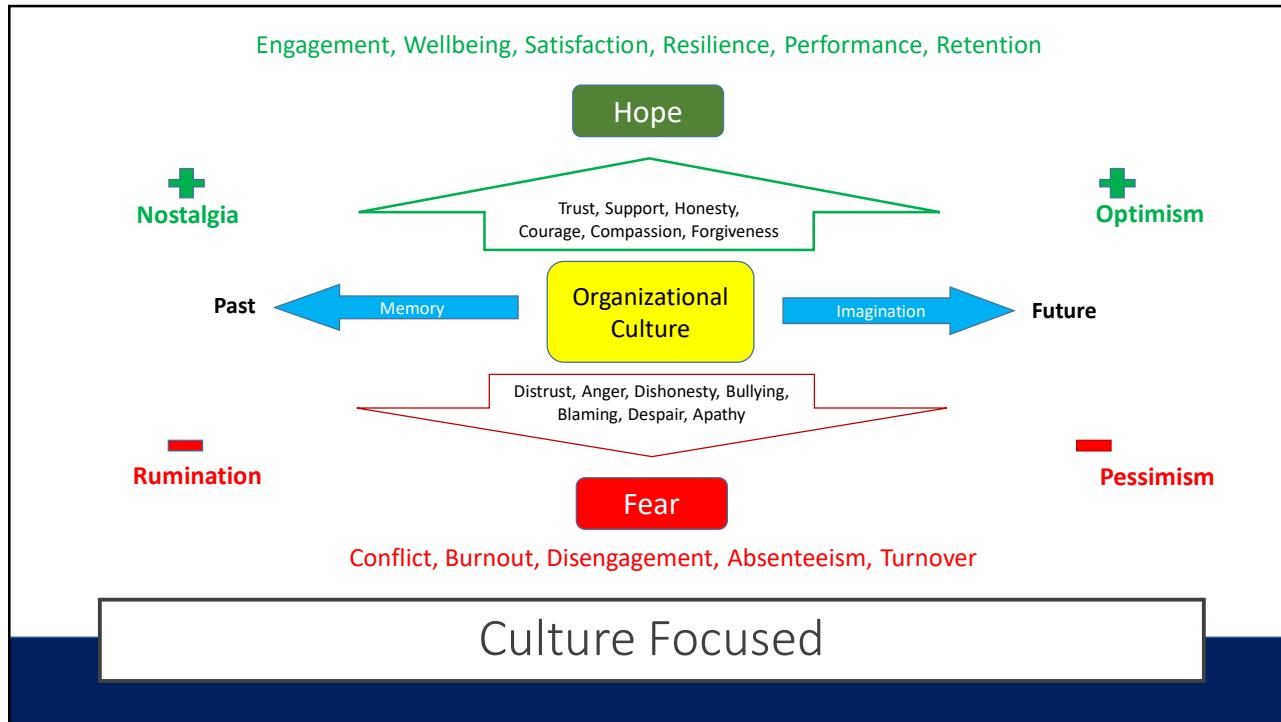
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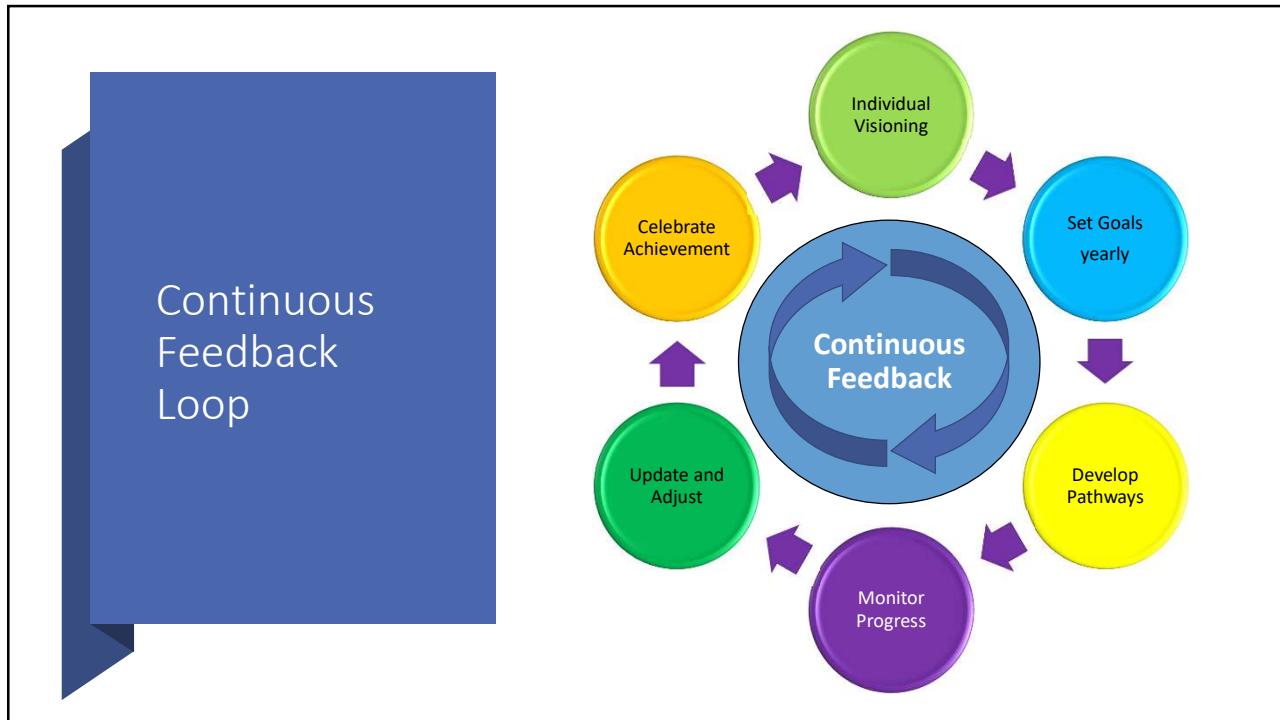
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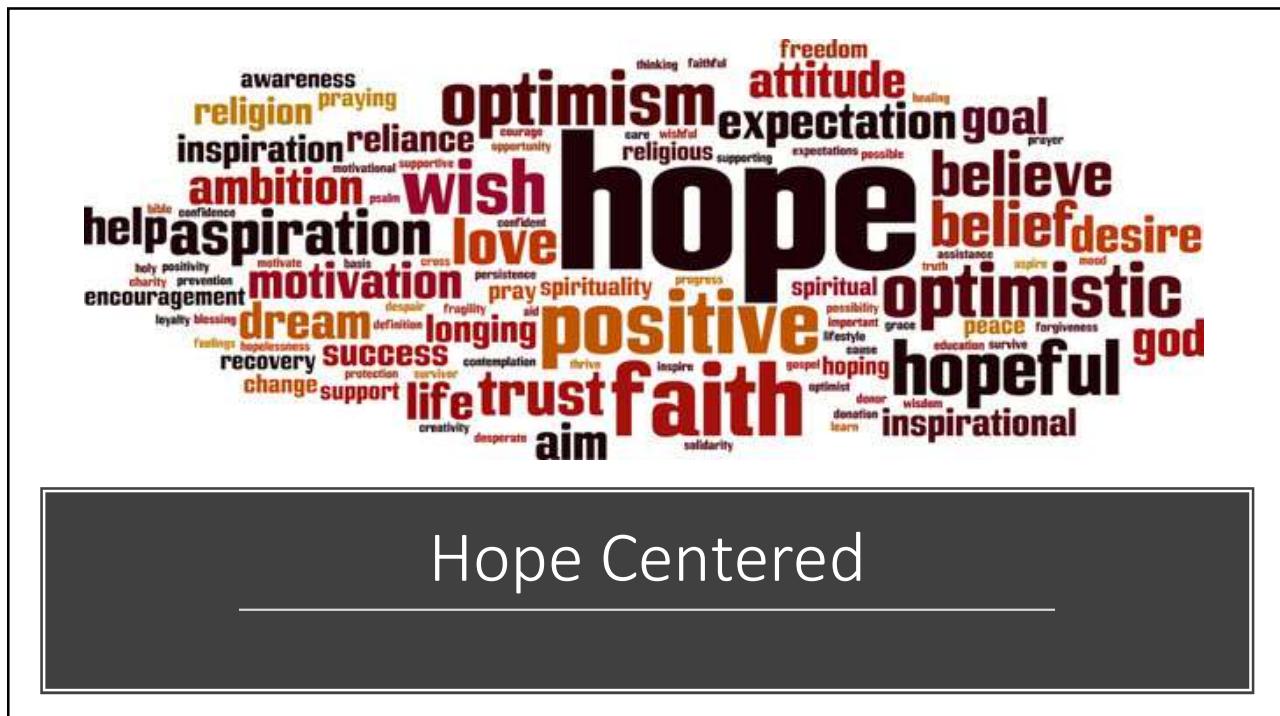
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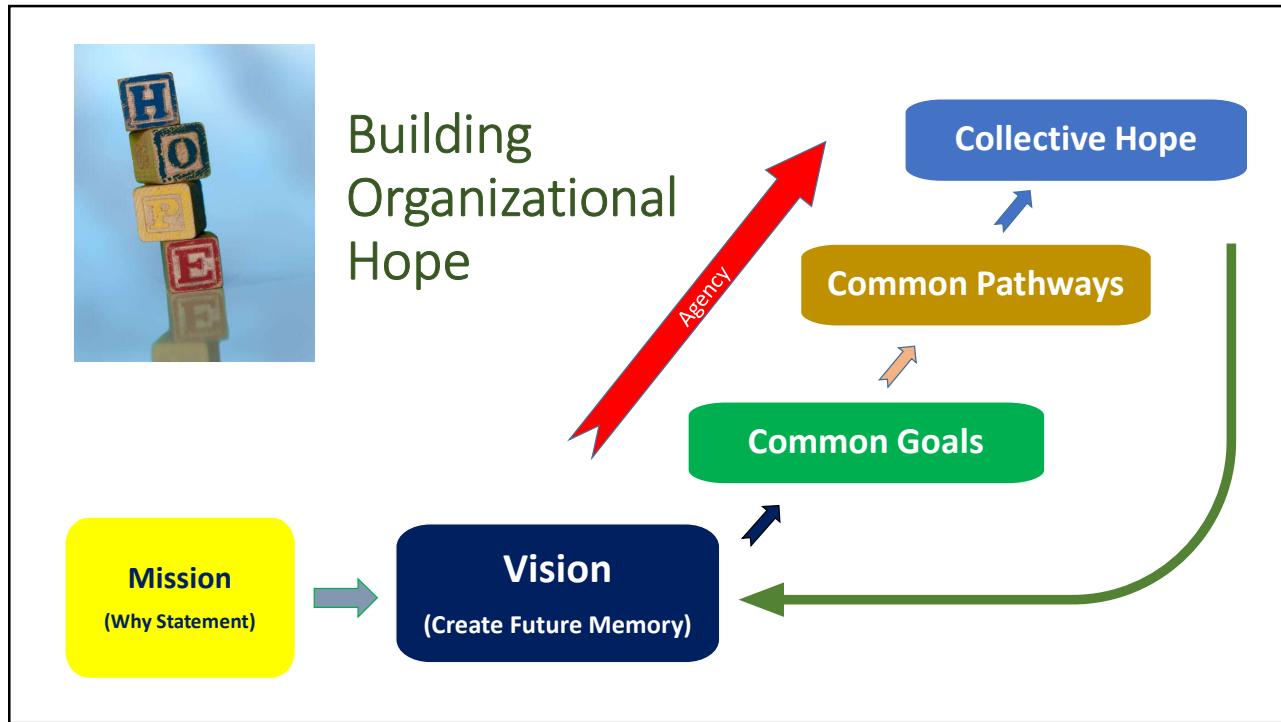
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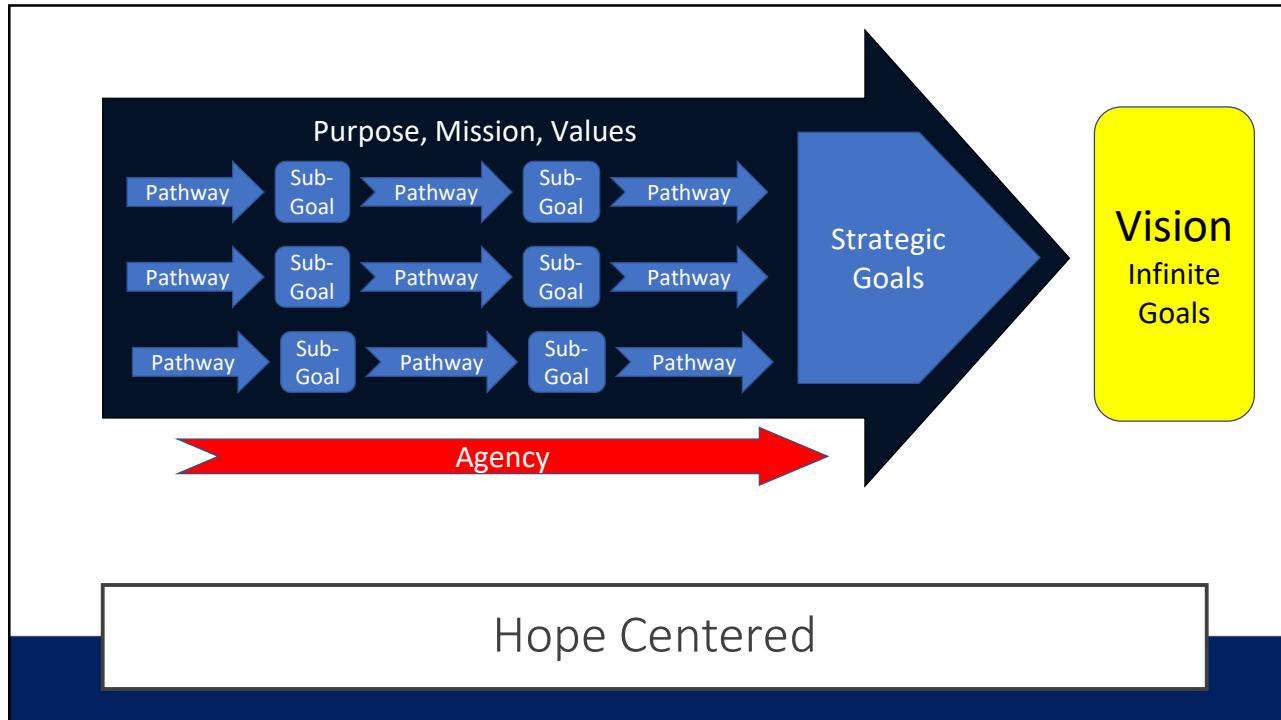
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26



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28



29

**MAKING  
HOPE  
HAPPEN**  
Create the Future You Want  
for Yourself and Others!  
SHANE J. LOPEZ, PH.D.

YOU CAN GET  
THERE FROM  
HERE  
**The  
Psychology  
Of Hope**  
C.R. Snyder

"A roadmap toward different, and better, lives."  
GAVIN DE BECKER  
New York Times bestselling author of *The Gift of Fear*  
**HOPE  
Rising**  
How the  
Science of HOPE  
Can Change  
Your Life  
Casey Gwinn, J.D. &  
Chan Hellman, Ph.D.

**Contact Information**

Jon Tunheim, Thurston County Prosecuting Attorney  
 Email: [jon.tunheim@co.thurston.wa.us](mailto:jon.tunheim@co.thurston.wa.us)  
 Phone: (360) 786-5540

30